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Distraction

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Distraction

Brandin Estes

Estes: Distraction

Focus, Focus on the rain.
It's always there.
It comes and lingers
Slowly dripping and falling
Think about the rain.
Feel it, hear it, smell it, taste it
Don't forget it.
It may be the last drop.
Don't mind the lightning
Don't jump at the thunder
Don't let it surprise you
Don't let it distract you
From the rain.
Think about the rain.
Focus. Feel it. The feeling to feel something.
Something else.
Something old and fresh. It's always different.
Focus. Don't think, just feel.
Thinking of it hurts so feel the rain.
Forget it, just taste the cold, wet rain.
Let it warm and surround you.
Let it conquer. Give in. Forget.
Let it drown in the rain.
Focus. Forget.